

**PARENT EDUCATION REFERRAL LIST  
FOR HIGH CONFLICT PARENTS**

(August 2018)

In an effort to assist litigants in locating mental health professionals who provide specialized parent education focused on reducing conflict for separated and divorced parents, the Los Angeles Superior Court has developed a list of professionals, agencies, or programs in both the private and public sector. This list is compiled as a courtesy for Family Law litigants and is not meant as an endorsement or recommendation of any individual or organization listed.

**Disclaimer:** The Los Angeles Superior Court does not endorse any person or agency on this list. The persons and agencies on the list are not employees or agencies of the Los Angeles Superior Court. Arrangements to engage the services of any person or agency on the list are independent contracts between those individuals and agencies and the persons engaging their services, to which the Los Angeles Superior Court is not a party. The Los Angeles Superior Court has the discretion to remove any individual from the list should information be brought to the Court's attention indicating that an individual or agency should be removed from the list. Complaints concerning any individual or agency on the referral list should be submitted in writing to Family Court Services.

**NOTE:** *The parent education programs indicated below may not fulfill the requirements of the "Parents Beyond Conflict" Dependency Court program.*

Agency or Individual	Qualifications
<b>A Cornerstone Counseling Center</b>	<p><b>Coordinator:</b> Scott T. Barrella, MS, LMFT  <b>Address:</b> 1633 Erringer Road #201 C, Simi Valley 93065            568 S. Brand Boulevard, San Fernando 91340; 7277 Valjean Avenue, Van Nuys 91406  <b>Telephone:</b> 805-390-6384 (all locations)  <b>Website:</b> www.CornerstoneSV.com  <b>E-mail:</b> cornerstonesb@aol.com  <b>Fee per parent per session:</b> \$15 - \$25 per lesson  <b>Language skills:</b> Spanish  <b>Length of Program:</b> 12 lessons; 10 Hours; Minimum of 6 Meetings  <b>Attendance:</b> Parents can attend individually or together  <b>Class Size:</b> Maximum 15 participants  <b># of years experience:</b> 30+</p>
<b>A New Paradigm for Parenting</b>	<p><b>Coordinator:</b> Tamar Springer, LCSW  <b>Address:</b> 11911 San Vicente Blvd. #270, Los Angeles 90049  <b>Telephone:</b> 310-699-2809  <b>E-mail:</b> tamarspringer@gmail.com  <b>Fee per parent per session:</b> Individual Sessions: \$180/hr;            Group Sessions: \$400/person (6- 2HR classes)  <b>Language skills:</b> English only  <b>Length of program:</b> 12 hours – number of meetings TBD  <b>Attendance:</b> Parents can attend separately or together.  <b>Class size:</b> Maximum of 16; Private sessions available  <b># of years experience:</b> 25</p>
<b>A New Way to Win</b>	<p><b>Coordinator:</b> Tobias Desjardins, LCSW  <b>Online Format:</b> Complete 4, 6, 8 or 10 hours at your convenience  <b>Online Fee Per Parent:</b> 4 hours \$25, 6 hours \$45, 8 hours \$65, 10 hours \$85  <b>In-Person Format:</b> Complete 4, 6, 8 or 10 hours sessions on one Saturday  <b>In-Person Fee Per Parent:</b> 4 hrs \$125, 6 hrs \$150, 8 hrs \$175, 10 hrs \$200  <b>In-Person Locations:</b> Los Angeles, Orange, Riverside, San Bernardino, and San Diego  <b>Attendance:</b> Parents can attend together or separately  <b>Language skills:</b> English. Spanish speakers may bring a translator at no cost  <b>Class size:</b> Maximum of 16  <b>Length of Program:</b> 3 session program (10 hours). Executive format-parents complete the full program in one weekend (Sessions 1 &amp; 2 on Saturday-Session 3 on Sunday)  <b># of years experience:</b> 18  <b>Telephone:</b> (888)-288-1614 Ext. 87  <b>Web Site:</b> www.ANewWaytoWin.com  <b>E-mail:</b> tobias@whatiscopearenting.com</p>

<p><b>Advantage Counseling Services</b></p>	<p><b>Coordinator:</b> Elsa Salguero, Ph.D.  <b>Address:</b> 6205 Laurel Canyon Blvd., North Hollywood 91606  <b>Telephone:</b> 818-763-6615  <b>E-mail:</b> <a href="mailto:advantagefamily@att.net">advantagefamily@att.net</a>  <b>Fee per parent per session:</b> \$20  <b>Language skills:</b> Spanish  <b>Length of program:</b> 12 Hours (12 sessions of 1 hour class)  <b>Attendance:</b> Parents can attend together or separately.  <b>Class size:</b> 16  <b># of years experience:</b> 15 years clinical experience, working with families, individuals &amp; groups</p>
<p><b>Be Well Psychotherapy &amp; Consulting, Inc.</b></p> <p>Good Vibrations: Building Family Resilience through Co-Parenting Program</p>	<p><b>Coordinator:</b> Patricia Salgado, LCSW  <b>Address:</b> 433 North Camden Drive, 6<sup>th</sup> Floor, Beverly Hills, 90210  <b>Mailing Address:</b> 2118 Wilshire Blvd., #328, Santa Monica, CA 90403  <b>Telephone:</b> 310.387.3761  <b>E-mail:</b> <a href="mailto:patsalgado@bewll.net">patsalgado@bewll.net</a>  <b>Web Site:</b> <a href="http://www.bewll.net">www.bewll.net</a>  <b>Fee per parent per session:</b> \$50 per hour X 12=Total cost \$600 per individual.  <b>Language skills:</b> English, Spanish  <b>Length of Program:</b> 12 Hours: 6 weeks of 2 hour classes; can be spread out or shortened.  <b>Attendance:</b> Parents can attend together or separately  <b>Class size:</b> Maximum of 12.  <b># of years experience:</b> 20 years; In Health/Social Science-since 1992.</p>
<p><b>Better Parenting, Better Divorce</b></p>	<p><b>Coordinator:</b> Vi Ballard, MFT, MA  <b>Address:</b> 3424 W. Carson St., #580, Torrance 90503  <b>Telephone:</b> 310-373-7994  <b>E-mail:</b> <a href="mailto:hitovi@verizon.net">hitovi@verizon.net</a>  <b>Fee:</b> \$400 for 6 sessions for each parent.  <b>Language skills:</b> English only.  <b>Length of program:</b> <b>E-mail</b> 12 hours: 6 meetings, 2 hrs per session  <b>Attendance:</b> Parents can attend together or separately.  <b>Class size:</b> Maximum 12.  <b># of years experience:</b> 28 Years</p>
<p><b>Carlson Counseling &amp; Psychotherapy</b></p> <p>Parenting &amp; Temper Management</p>	<p><b>Coordinator:</b> Peter G. Carlson, MFT  <b>Address:</b> 23210 Crenshaw Blvd., Suite 100, Torrance, 90505  <b>Telephone:</b> 310-325-8787  <b>E-mail:</b> <a href="mailto:PeteCarlsonCounseling@yahoo.com">PeteCarlsonCounseling@yahoo.com</a>  <b>Fee per parent per session:</b> \$40  <b>Language skills:</b> English  <b>Length of Program:</b> 12 Hours: 24 or 52 week programs.  <b>Attendance:</b> Parents can attend together or separately.  <b>Class size:</b> 2-10 persons.  <b># of years experience:</b> 33 years in the mental health field</p>
<p><b>CHANNELS Of Understanding</b></p> <p>To download flyer and registration form:  <a href="http://www.aronsohntherapy.com/channels.htm">www.aronsohntherapy.com/channels.htm</a></p>	<p><b>Coordinator:</b> Mary Ann Aronsohn, MA, LMFT  <b>Address:</b> 1910 Huntington Drive, #15, South Pasadena, 91030-4812  <b>Telephone:</b> 626-441-5131  <b>E-mail:</b> <a href="mailto:m.aronsohn@att.net">m.aronsohn@att.net</a>  <b>Fee per parent per session:</b> \$700 per person. No formal sliding scale, maybe negotiable  <b>Language skills:</b> English only.  <b>Length of program:</b> 16-hour program now being taught privately to one-on-one or 2 co-parents, in four 2-hour classes  <b>Attendance:</b> Prefer both parents attend together, unless otherwise determined.  <b>Class size:</b> 1 or 2  <b># of years experience:</b> 34 Years</p>

<p><b>Co-Parent Solutions</b></p>	<p><b>Coordinator:</b> Albert R. Gibbs, Ph.D.  <b>Address:</b> 10801 National Boulevard, Suite 225, Los Angeles 90064; and Pasadena Senior Center – Community Room, 85 E. Holly, Pasadena 91103  <b>Telephone:</b> 310-475-7544  <b>Website:</b> www.co-parentsolutions.com  <b>E-mail:</b> gibbsphd@aol.com  <b>Fee per parent per session:</b> \$390 per parent – 12 hour, 6 week series  <b>Language skills:</b> English only  <b>Length of program:</b> 12 hours, 2 hours per week for 6 weeks  <b>Attendance:</b> Parents can attend together or separately  <b>Class Size:</b> 10-16  <b># of years experience:</b> 38</p>
<p><b>Co-Parenting With Your Ex (COPE)</b></p>	<p><b>Coordinator:</b> Carol Hirshfield, Ph.D.  <b>Address:</b> 11340 W. Olympic Blvd., #265, Los Angeles 90064  <b>Telephone:</b> 310-473-3200  <b>Website:</b> www.drcaolhirshfield.com  <b>E-mail:</b> drcarol@drcaolhirshfield.com  <b>Fee per parent per session:</b> \$400  <b>Language skills:</b> English only  <b>Length of program:</b> 12.5 hours, 5 weeks (extra as needed)  <b>Attendance:</b> Parents can attend together or separately.  <b>Class Size:</b> 8-10 adults  <b># of years experience:</b> 30+</p>
<p><b>DivorcedCoparenting.com</b></p>	<p><b>Coordinator:</b> Alisa Holleron, LCSW  <b>Address:</b> 5011 Golden Foothill Pkwy., Suite 6, El Dorado Hills, CA 95762  <b>Telephone:</b> 916-933-5051  <b>Web Site:</b> <a href="http://www.divorcedcoparenting.com">www.divorcedcoparenting.com</a>  <b>Fee:</b> \$49.99  <b>Language skills:</b> English  <b>Length of Program:</b> 10-hour Program (Online, self-paced)  <b>Attendance:</b> Online format.  <b># of years experience:</b> 30 Years</p>
<p><b>It's All About the Children Co-Parenting Classes</b></p>	<p><b>Coordinator:</b> Nancy Satenberg, PhD., Lisa Hacker, MFT  <b>Address:</b> 4419 Van Nuys Blvd., Suite 301, Sherman Oaks.  <b>Telephone:</b> 310-472-0104  <b>E-mail:</b> nsatenberg@aol.com  <b>Fee per parent per session:</b> \$400 for 6 Sessions.  <b>Language skills:</b> English.  <b>Length of Program:</b> 12 hours: Six 2-hour Sessions.  <b>Attendance:</b> Parents can attend together or separately.  <b>Class size:</b> 12 persons.  <b># of years experience:</b> 35 Years</p>
<p><b>Lynn A. Gardiner, MA, MFT</b></p>	<p><b>Coordinator:</b> Lynn A. Gardiner, MA, LMFT  <b>Address:</b> 5175 E. Pacific Coast Highway, Ste. 304, Long Beach 90804  <b>Telephone:</b> 562-227-2533  <b>E-mail:</b> Lynng562@hotmail.com  <b>Fee per parent per session:</b> Variable  <b>Language skills:</b> English  <b>Length of program:</b> As court ordered  <b>Attendance:</b> As court ordered  <b>Class size:</b> 2+  <b># of years experience:</b> 25 years of helping families</p>
<p><b>Mastering the Art of Co-Parenting</b></p>	<p><b>Coordinator:</b> Renee Leff, MFT, JD  <b>Address:</b> 16110 Ventura Blvd., #215, Encino, CA 91436  <b>Telephone:</b> 310-741-6033  <b>Website:</b> www.reneeleff.com  <b>E-mail:</b> reneeleff@reneeleff.com  <b>Fee per parent:</b> \$100; Sliding scale if circumstances apply  <b>Language skills:</b> English  <b>Length of program:</b> Minimum of 10 hours or whatever the court order states.  <b>Attendance:</b> Parents can attend together or separately  <b>Class size:</b> 10 individuals  <b># of years experience:</b> 21years working with families of mental health</p>

<p><b>Online Parenting Program</b></p>	<p><b>Coordinator:</b> William Arthur Eddy, LCSW  <b>Address:</b> 530 B Street, Suite 1700, San Diego, CA 92101  <b>Telephone:</b> 619-221-9108  <b>E-mail:</b> Billeddy@highconflictinstitute.com  <b>Fee per parent per session:</b> \$139.99 – Discounts to qualified parents.  <a href="https://www.onlineparentingprograms.com/support/financial-verification.html">https://www.onlineparentingprograms.com/support/financial-verification.html</a>  <b>Language skills:</b> Spanish  <b>Length of Program:</b> 12onlinelessons, 1 hour each session  <b>Attendance:</b> Parents can attend individually or together  <b>Class Size:</b> Online format  <b># of years experience:</b> 37</p>
<p><b>Open Paths Counseling Center</b></p>	<p><b>Coordinator:</b> Zari Hedayat, Ph.D.  <b>Address:</b> 5731 W. Slauson Avenue, Suite 175, Culver City, 90230  <b>Telephone:</b> 310-258-9677 or 310-967-6090 Spanish  <b>Email:</b> Sierra@openpaths.org  <b>Web Site:</b> <a href="http://www.openpaths.org">www.openpaths.org</a>  <b>Fee per parent per session:</b> \$15 per session  <b>Language skills:</b> English, Spanish  <b>Length of Program:</b> 15 hours over 10 sessions. 1.5 hour per session  <b>Attendance:</b> Parents can attend individually only.  <b>Class size:</b> Maximum of 12 Individuals  <b># of years experience:</b> 30+</p>
<p><b>Parenting and Relationship Counseling Foundation (PaRC)</b></p>	<p><b>Coordinator:</b> Dr. Faye Snyder  <b>Address:</b> 15650 Devonshire St., #210, Granada Hills 91344  <b>Telephone:</b> 818-891-8477  <b>Web Site:</b> <a href="http://www.theparcfoundation.com">www.theparcfoundation.com</a>  <b>E-mail:</b> <a href="mailto:info@theparcfoundation.com">info@theparcfoundation.com</a>  <b>Fee:</b> Co-Parenting \$250 Saturday 9 am to noon, 4 weeks;  Parenting \$195 Saturday mornings 9 am to 1:30 pm for 4 weeks  <b>Language skills:</b> English  <b>Length of Program:</b> Co-parenting is 12 hours. Parenting is 16 Hours.  <b>Attendance:</b> Parents can attend together or separately depending upon court order.  We prefer together, unless DV.  <b>Class size:</b> Co-parenting maximum of 10 people, living room style;  Parenting maximum of 20, classroom style.  <b># of years experience:</b> 30 years in the mental health field.</p>
<p><b>Solution Focused Parenting</b></p>	<p><b>Coordinator:</b> Linda Hayes, LCSW  <b>Address:</b> 15720 Ventura Blvd., #233, Encino CA 91436  <b>Telephone:</b> 818-378-9893  <b>E-mail:</b> <a href="mailto:LCSWLinda@aol.com">LCSWLinda@aol.com</a>  <b>Fee:</b> \$350 per parent. On occasion, I offer pro bono if class is not full  <b>Language skills:</b> English  <b>Length of Program:</b> 12 hours; 6 weeks; 2 hours per week  <b>Attendance:</b> Parents attend individually only.  <b>Class size:</b> 8-10 Participants  <b># of years experience:</b> Family Court Services Specialist for 16 years, Facilitated PWC program for 7 years at Los Angeles Superior Court.</p>