

PARENT EDUCATION REFERRAL LIST FOR HIGH CONFLICT PARENTS

(September 2021)

In an effort to assist litigants in locating mental health professionals who provide specialized parent education focused on reducing conflict for separated and divorced parents, the Los Angeles Superior Court has developed a list of professionals, agencies, or programs in both the private and public sector. This list is compiled as a courtesy for Family Law litigants and is not meant as an endorsement or recommendation of any individual or organization listed.

Disclaimer: The Los Angeles Superior Court does not endorse any person or agency on this list. The persons and agencies on the list are not employees or agencies of the Los Angeles Superior Court. Arrangements to engage the services of any person or agency on the list are independent contracts between those individuals and agencies and the persons engaging their services, to which the Los Angeles Superior Court is not a party. The Los Angeles Superior Court has the discretion to remove any individual from the list should information be brought to the Court's attention indicating that an individual or agency should be removed from the list. Complaints concerning any individual or agency on the referral list should be submitted in writing to Family Court Services.

NOTE: *The parent education programs indicated below may not fulfill the requirements of the "Parents Beyond Conflict" Dependency Court program.*

| Agency or Individual | Qualifications |
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| A Cornerstone Counseling Center | <p>Coordinator: Scott T. Barrella, MS, LMFT Address: 1633 Erringer Road #201C, Simi Valley 93065 568 S. Brand Boulevard, San Fernando 91340; 7277 Valjean Avenue, Van Nuys 91406 Telephone: 805-390-6384 (all locations) Website: www.CornerstoneSV.com E-mail: cornerstonesb@aol.com Fee per parent per session: \$25, sliding scale from \$25 per session Language skills: English and Spanish Length of Program: 4 sessions; 10 Hours Attendance: Parents can attend individually or together, you can also do conjoint (with Ex Partner) Co-parenting. We also offer Anger Management and Parenting Classes – Call for full details or visit our website. Class Size: Vary # of years experience: 30+</p> |
| A New Paradigm for Parenting | <p>Coordinator: Tamar Springer, LCSW Address: 11911 San Vicente Blvd. #270, Los Angeles 90049 Telephone: 310-699-2809 E-mail: tamarspringer@gmail.com Fee per parent per session: Individual Sessions: \$180/hr; Group Sessions: \$400/person (6- 2HR classes) Language skills: English only Length of program: 12 hours – number of meetings TBD Attendance: Parents can attend separately or together. Class size: Maximum of 16; Private sessions available # of years experience: 25</p> |

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| <p>A New Way to Win</p> | <p>Coordinator: Tobias Desjardins, LCSW Online Format: Complete 4, 6, 8 or 10 hours at your convenience Online Fee Per Parent: 4 hours \$25, 6 hours \$45, 8 hours \$65, 10 hours \$85 In-Person Format: Complete 4, 6, 8 or 10 hours sessions on one Saturday In-Person Fee Per Parent: 4 hrs \$125, 6 hrs \$150, 8 hrs \$175, 10 hrs \$200 In-Person Locations: Los Angeles, Orange, Riverside, San Bernardino, and San Diego Attendance: Parents can attend together or separately Language skills: English. Spanish speakers may bring a translator at no cost Class size: Maximum of 16 Length of Program : 3 session program (10 hours). Executive format-parents complete the full program in one weekend (Sessions 1 & 2 on Saturday-Session 3 on Sunday) # of years experience: 18 Telephone: (888)-288-1614 Ext. 87 Web Site: www.ANewWaytoWin.com E-mail: tobias@whatiscoparenting.com</p> |
| <p>Advantage Counselling Services</p> | <p>Coordinator: Elsa Salguero, Ph.D. Address: 6205 Laurel Canyon Blvd., North Hollywood 91606 Telephone: 818-763-6615 E-mail: advantagefamily@att.net Fee per parent per session: \$20 Language skills: Spanish Length of program: 12 Hours (12 sessions of 1 hour class) Attendance: Parents can attend together or separately. Class size: 16 # of years experience: 15 years clinical experience, working with families, individuals & groups</p> |
| <p>Be Well Psychotherapy & Consulting, Inc. Good Vibrations: Building Family Resilience through Co-Parenting Program</p> | <p>Coordinator: Patricia Salgado, LCSW Address: 269 South Beverly Drive, Suite 507, Beverly Hills, CA 90212 Telephone: 310.387.3761 E-mail: patsalgado@bewll.net Web Site: www.bewll.net Fee per parent per session: \$60 per hour X 12 = Total cost \$700 per individual. Language skills: English, Spanish Length of Program : 12 Hours: 6 weeks of 2 hour classes; can be spread out or shortened. Attendance: Parents can attend together or separately Class size: Maximum of 12. # of years experience: 20 years; In Health/Social Science-since 1992.</p> |
| <p>Better Parenting, Better Divorce</p> | <p>Coordinator: Vi Ballard, MFT, MA Address: 3424 W. Carson St., #580, Torrance 90503 Telephone: 310-373-7994 E-mail: hitovi@verizon.net Fee: \$400 for 6 sessions for each parent. Language skills: English only. Length of program: E-mail 12 hours: 6 meetings, 2 hrs per session Attendance: Parents can attend together or separately. Class size: Maximum 12. # of years experience: 28 Years</p> |
| <p>Carlson Counseling & Psychotherapy Parenting & Temper Management</p> | <p>Coordinator: Peter G. Carlson, MFT Address: 23210 Crenshaw Blvd., Suite 100, Torrance, 90505 Telephone: 310-325-8787 E-mail: PeteCarlsonCounseling@yahoo.com Fee per parent per session: \$40 Language skills: English Length of Program : 12 Hours: 24 or 52 week programs. Attendance: Parents can attend together or separately. Class size: 2-10 persons. # of years experience: 33 years in the mental health field</p> |

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| <p>CHANNELS Of Understanding</p> <p>To download flyer and registration form: www.aronsohntherapy.com/channels.htm</p> | <p>Coordinator: Mary Ann Aronsohn, MA, LMFT Address: 1910 Huntington Drive, #15, South Pasadena, 91030-4887 Telephone: 626-441-5131 E-mail: m.aronsohn@protonmail.com Fee per parent per session: \$700 per person for a 2-parent private course (Four 2-hour classes); includes 80-page workbook, audio resource and certificate. No formal sliding scale, fee may be negotiable especially for a 1-parent course Language skills: English only. Length of program: 16-hour program now being taught privately to one-on-one or 2 co-parents, in four 2-hour classes Attendance: Prefer both parents attend together, unless otherwise determined. Class size: 1 or 2 # of years experience: Licensed since 1989</p> |
| <p>Co-Parent Solutions</p> | <p>Coordinator: Albert R. Gibbs, Ph.D. Address: 10801 National Boulevard, Suite 225, Los Angeles 90064; and Pasadena Senior Center – Community Room, 85 E. Holly, Pasadena 91103 Telephone: 310-475-7544 Website: www.co-parentsolutions.com E-mail: gibbsphd@aol.com Fee per parent per session: \$390 per parent – 12 hour, 6 week series Language skills: English only Length of program : 12 hours, 2 hours per week for 6 weeks Attendance: Parents can attend together or separately Class Size: 10-16 # of years experience: 38</p> |
| <p>Co-Parenting With Your Ex (COPE)</p> | <p>Coordinator: Carol Hirschfield, Ph.D. Address: 11340 W. Olympic Blvd., #265, Los Angeles 90064 Telephone: 310-473-3200 Website: www.dr-carol-hirschfield.com E-mail: dr-carol@dr-carol-hirschfield.com Fee per parent per session: \$400 Language skills: English only Length of program : 12.5 hours, 5 weeks Attendance: Parents can attend together or separately. Class Size: 8-10 adults # of years experience: 30+</p> |
| <p>DivorcedCoparenting.com</p> | <p>Coordinator: Alisa Holleron, LCSW Address: 5011 Golden Foothill Fkwy., Suite 6, B Dorado Hills, CA 95762 Telephone: 916-933-5051 Web Site: www.divorcedcoparenting.com Fee: \$49.99 Language skills: English Length of Program : 10-hour Program (Online, self-paced) Attendance: Online format. # of years experience: 30 Years</p> |
| <p>High Conflict Solutions(online)</p> | <p>Coordinator: Albert R. Gibbs, Ph.D. & Donald Gordon, Ph.D. Address: Dr. Gibbs: 10801 National Boulevard, Suite 225, Los Angeles 90064; and Pasadena Senior Center – Community Room, 85 E. Holly, Pasadena 91103. Dr. Gordon: Gordon: 92 Van Ness Ave., Ashland, OR 97520 Telephone: 310-475-7544; 877-874-1365 Web Site: www.highconflictsolutions.com E-mail: staff@divorce-education.com Fee: \$129.95; \$25 low income fee waiver Language skills: English Length of Program : 10 Hours Attendance: Online format. # of years experience: Drs. Gibbs and Gordon 83 Years</p> |

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| <p>Lynn A. Gardiner, MA, MFT</p> | <p>Coordinator: Lynn A. Gardiner, MA, LMFT Address: 5175 E. Pacific Coast Highway, Ste. 304, Long Beach 90804 Telephone: 562-227-2533 E-mail: Lynng562@hotmail.com Fee per parent per session: Variable Language skills: English Length of program: As court ordered Attendance: As court ordered Class size: 2+ # of years experience: 25 years of helping families</p> |
| <p>Mastering the Art of Co-Parenting</p> | <p>Coordinator: Renee Leff, MFT, JD Address: 16133 Ventura Bl Suite 1235 Encino, CA 91436 Telephone: 310-741-6033 Website: www.reneeleff.com E-mail: reneeleff@reneeleff.com Fee per parent: \$100; Sliding scale if circumstances apply Language skills: English Length of program: Minimum of 10 hours or whatever the court order states. Attendance: Parents can attend together or separately Class size: 10 individuals # of years experience: 21 years working with families of mental health</p> |
| <p>Online Parenting Program</p> | <p>Coordinator: William Arthur Eddy, LCSW Address: 530 B Street, Suite 1700, San Diego, CA 92101 Telephone: 619-221-9108 E-mail: Billeddy@highconflictinstitute.com Fee per parent per session: \$139.99– Discounts to qualified parents. https://www.onlineparentingprograms.com/support/financial-verification.html Language skills: Spanish Length of Program: 12 online lessons, 1 hour each session Attendance: Parents can attend individually or together Class Size: Online format # of years experience: 37</p> |
| <p>Open Paths Counseling Center</p> | <p>Coordinator: Zari Hedayat, Ph.D. Address: 5731 W. Slauson Avenue, Suite 175, Culver City, 90230 Telephone: 310-258-9677 or 310-967-6090 Spanish Email: Sierra@openpaths.org Web Site: www.openpaths.org Fee per parent per session: \$15 per session Language skills: English, Spanish Length of Program : 15 hours over 10 sessions. 1.5 hour per session Attendance: Parents can attend individually only. Class size: Maximum of 12 Individuals # of years experience: 30+</p> |
| <p>Parenting and Relationship Counseling Foundation (PaRC)</p> | <p>Coordinator: Dr. Faye Snyder Address: 15545 Devonshire St., Suite 208, Mission Hills 91345 Telephone: 818-891-8477 Web Site: www.theparcfoundation.com E-mail: info@theparcfoundation.com Co-Parenting: \$350 Saturday 9 am, 12 hours, 4 weeks DV: \$350, 9 am, 12 hours, 4 weeks Parenting class with coaches: \$250 for 4 weeks, flexible scheduling available Financial aid available. Language skills: English Length of Program: Co-parenting is 12 hours. Parenting is 16 Hours. Attendance: Parents can attend together or separately depending upon court order, but we prefer together online. Virtual classes available. Class size: Co-parenting maximum of 10 people, living room style; Parenting maximum of 20, classroom style. # of years experience: 30 years in the mental health field.</p> |

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| <p>Refuge & Strength Outreach High Risk Parenting (RAS)</p> | <p>Coordinator: Tiffini Coleman, LCSW Address: 21515 Hawthorne Blvd., Ste 200, Torrance, CA. 90503 Telephone: 323-792-8239 Website: www.courtsupervisionras.com E-mail: rasoutreach@gmail.com Fee per parent per session: \$25 per session (Sliding Scale and Grant Available) Language skills: English and Spanish Length of Program: This program is a minimum of 10 hours over no less than 3 sessions, in addition to the introductory or orientation session. Attendance: Parents can attend individually or together Class Size: Vary # of years experience: 30+</p> |
| <p>Solution Focused Parenting</p> | <p>Coordinator: Linda Hayes, LCSW Address: 15720 Ventura Blvd., #233, Encino CA 91436 Telephone: 818-378-9893 E-mail: LCSWLinda@aol.com Fee: \$350 per parent. On occasion, we offer pro bono if class is not full Language skills: English Length of Program : 12 hours; 6 weeks; 2 hours per week Attendance: Parents attend individually only. Class size: 8-10 Participants # of years experience: Family Court Services Specialist for 16 years, Facilitated PWC program for 7 years at Los Angeles Superior Court.</p> |

